

# Gravel Birds 750

## POINTS OF INTEREST (POIs)



POI	From start (km)	Leg (km)	Gain (m+)	Type	Services & Notes
<b>Castro Verde</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>start</b>	<b>cafe, restaurant, shop, acommodation, camping, hospital, pharmacy, bike shop</b>
S. Pedro das Cabeças	6.5	6.5	100	viewpoint	historical site
Entradas	21.5	15	125	village	cafe, restaurant, shop, pharmacy
Monte do Salto	33	11.5	90	small village	cafe
Aracelis	36	3	100	viewpoint	cultural heritage
Corte Pequena	39	3	0	small village	cafe, WC, bivouac
Azinhal	46	7	55	small village	WC, bivouac
Algodor	49	3	10	small village	cafe, bivouac
Mosteiro	59	10	90	small village	cafe, WC, bivouac
Cabeça Gorda	81	22	230	village	cafe, restaurant, shop
Santa Clara do Louredo	90.5	9.5	55	small village	cafe, restaurant, shop
<b>Beja</b>	<b>98</b>	<b>7.5</b>	<b>80</b>	<b>city</b>	<b>cafe, restaurant, shop, acommodation, camping, hospital, pharmacy, bike shop</b>
Quintos	116	18	70	small village	cafe, shop
<b>Serpa</b>	<b>130</b>	<b>14</b>	<b>240</b>	<b>village</b>	<b>cafe, restaurant, shop, acommodation, camping, hospital, pharmacy</b>
Santa Iria	138.5	8.5	35	small village	cafe
Corte Sines	168.5	30	430	small village	cafe, WC, bivouac
Mina de S. Domingos	181	12.5	110	village	cafe, restaurant, WC, shop, acommodation, pharmacy, bivouac
abandoned mining railroad	-	-	-	ATTENTION!	abandoned mining area, collapsed tunnels, broken bridges, hike-a-bike sections
Santana de Cambas	188.5	7.5	50	small village	cafe, restaurant
Salgueiros	193.5	5	25	small village	bivouac
<b>CP1 - Pomarão</b>	<b>200</b>	<b>6.5</b>	<b>35</b>	<b>checkpoint</b>	<b>cafe, restaurant, WC, bivouac</b>

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<b>CP1 - Pomarão</b>	<b>200</b>	<b>6.5</b>	<b>35</b>	<b>checkpoint</b>	<b>cafe, restaurant, WC, bivouac</b>
Picoitos	207	7	160	small village	cafe, WC
Fernandes	214	7	85	small village	cafe, restaurant, WC, bivouac
singletrack	218	4	25	ATTENTION!	steep hiking trail, recommended hike-a-bike
<b>Mértola</b>	<b>220</b>	<b>2</b>	<b>10</b>	<b>village</b>	<b>cafe, restaurant, shop, accommodation, hospital, pharmacy</b>
Sapos	229	9	180	small village	bivouac
Alvares	240	11	125	small village	cafe, bivouac
Monte Palma	245.5	5.5	45	small village	bivouac
Martinhanes	247	1.5	30	small village	cafe
S. Miguel do Pinheiro	258.5	11.5	125	small village	cafe, restaurant, bakery, WC, bivouac
Serranos	261	2.5	35	small village	bivouac
S. Pedro de Solis	267.5	6.5	140	small village	cafe, restaurant, bakery, WC, bivouac
Santa Cruz	277	9.5	75	small village	cafe
Corte Figueira	295	18	260	small village	cafe, bivouac
Pico do Mu	301.5	6.5	210	viewpoint	highest point on route at 574m
Felizes	305	3.5	70	small village	cafe, WC
S. Barnabé	312.5	7.5	40	small village	cafe, restaurant, WC, bivouac
Rio Torto	335	22.5	365	roadside cafe	cafe, restaurant
Monte da Ribeira	339.5	4.5	15	small village	cafe, restaurant, WC
Barragem de Sta Clara	352	12.5	260	reservoir	acommodation, WC
Santa Clara a Velha	357	5	50	village	cafe, restaurant, shop, WC, accommodation, pharmacy
Saboia	362.5	5.5	95	village	cafe, restaurant, shop, WC, pharmacy
<b>Odemira</b>	<b>395</b>	<b>32.5</b>	<b>300</b>	<b>village</b>	<b>cafe, restaurant, shop, accommodation, hospital, pharmacy, bike shop</b>
S. Teotónio	415	20	325	village	cafe, restaurant, shop, accommodation, hospital, pharmacy, bivouac
Praia do Carvalhal	425	10	40	beach	cafe, camping
<b>CP3 - Zambujeira do Mar</b>	<b>430</b>	<b>5</b>	<b>65</b>	<b>village</b>	<b>cafe, restaurant, shop, accommodation, camping, pharmacy</b>

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<b>CP3 - Zambujeira do Mar</b>	<b>430</b>	<b>5</b>	<b>65</b>	<b>village</b>	<b>cafe, restaurant, shop, acommodation, camping, pharmacy</b>
Porto das Barcas	433	3	15	small village	cafe, restaurant
Cavaleiro	443	10	70	small village	cafe, restaurant, shop
Almogrove	450	7	20	village	cafe, restaurant, shop, acommodation
Longueira	452	2	20	small village	cafe, restaurant, shop
Vila Nova de Milfontes	462	10	45	village	cafe, restaurant, shop, acommodation, camping, pharmacy
Praia da Ilha do Pessegueiro	477	15	90	beach	cafe, restaurant, camping
Porto Côvo	480	3	10	village	cafe, restaurant, shop, acommodation, camping, pharmacy Note: possible water crossing in high tide at the bay ATTENTION: exposed trail over sea side cliffs
Sonega	492	12	200	small village	cafe, restaurant, shop, acommodation
Cercal	504	12	70	village	cafe, restaurant, shop, acommodation, hospital, pharmacy, bivouac
Aldeia do Cano	512	8	50	small village	cafe
Relíquias	534	22	325	small village	cafe, restaurant, shop
Amoreiras Gare	544	10	130	small village	cafe, restaurant, shop
Garvão	553	9	40	smallll village	cafe, restaurant, shop, WC, bivouac
Barragem Monte da Rocha	561	8	115	reservoir	camping
Castro da Cola	582	21	220	historical site	restaurant, acommodation, bivouac
Portela do Lobo	588	6	115	roadside cafe	cafe
Gomes Aires	601	13	160	small village	cafe, restaurant, WC, bivouac
<b>CP3 - Santa Clara-a-Nova</b>	<b>607</b>	<b>6</b>	<b>100</b>	<b>small village</b>	<b>cafe, restaurant, shop, WC, bivouac</b>

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<b>CP3 - Santa Clara-a-Nova</b>	<b>607</b>	<b>6</b>	<b>100</b>	<b>small village</b>	<b>cafe, restaurant, shop, WC, bivouac</b>
<b>Almodôvar</b>	<b>624</b>	<b>17</b>	<b>150</b>	<b>village</b>	<b>cafe, restaurant, shop, acommodation, hospital, pharmacy</b>
Corte Zorrinho	636	12	100	small village	cafe, restaurant, shop, bivouac
Aldeia Nova da Favela	647	11	35	small village	cafe, bivouac
<b>Ourique</b>	<b>654</b>	<b>7</b>	<b>60</b>	<b>village</b>	<b>cafe, restaurant, shop, acommodation, hospital, pharmacy</b>
Estação de Ourique	667	13.5	110	small village	cafe
Aivados	668.5	1.5	10	small village	cafe, WC, bivouac
Casével	672	3.5	50	small village	cafe, bivouac
<b>Aljustrel</b>	<b>694</b>	<b>22</b>	<b>190</b>	<b>village</b>	<b>cafe, restaurant, shop, acommodation, hospital, pharmacy</b>
<b>Castro Verde</b>	<b>748</b>	<b>54</b>	<b>360</b>	<b>finish</b>	<b>cafe, restaurant, shop, acommodation, camping, hospital, pharmacy, bike shop</b>